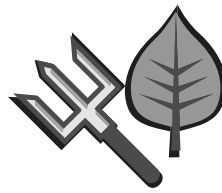


Seed Starting Plan



INSTRUCTIONS

by Gayla Trail

1. Write the "Date of Last Frost" for your region in the space provided. [See www.almanac.com]
2. Using a calendar, calculate the "Planting Date" by adding or subtracting the number of weeks listed from the "Date of Last Frost."
3. Calculate the "Sow Date" by subtracting the "Growth Period" from the "Planting Date."

Date of Last Frost _____

| SEED/PLANT | SOW DATE [IN WEEKS] | GROWTH PERIOD [# OF WEEKS] | SAFE SET OUT [RELATIVE TO LAST FROST] | PLANTING DATE | NOTES |
|-------------------|------------------------|-------------------------------|--|------------------|-------|
| Veggies | | | | | |
| * Beans♦ | | | 2 weeks after | | |
| * Beets♦ | | | 2-3 weeks before | | |
| * Broccoli | | 6 | 2 weeks before | | |
| * Brussel Sprouts | | 6 | 3 weeks before | | |
| * Cabbage | | 6 | 3 weeks before | | |
| * Carrots♦ | | | 1-2 weeks before | | |
| * Cauliflower | | 4-6 | 2 weeks before | | |
| * Collards | | 4-6 | 4 weeks before | | |
| * Corn (sweet) | | 2-4 | 2 weeks after | | |
| * Cucumber | | 2-4 | 1-2 weeks after | | |
| * Eggplant | | 6-9 | 3 weeks after | | |
| * Greens♦ | | | Soon as soil can be worked | | |
| * Okra | | 4-6 | 2-4 weeks after | | |
| * Onion♦ | | | 2-3 weeks before | | |
| * Peas♦ | | | 4-6 weeks before | | |
| * Peppers | | 8-10 | 2 weeks after | | |
| * Pumpkin | | 3-4 | 2-3 weeks after | | |
| * Radish♦ | | | 3-4 weeks before | | |
| * Spinach♦ | | | 3-6 weeks before | | |
| * Squash | | 2-4 | 2 weeks after | | |
| * Tomato | | 6-8 | 1 week after | | |
| * Tomatillo | | 6-8 | 1 week after | | |
| Herbs | | | | | |
| * Basil | | 5-7 | 2 weeks after | | |
| * Chamomile | | 3-4 | 0-1 week after | | |
| * Parsley | | 8-10 | 2 weeks before | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

♦ Seeds are direct sown outdoors.